

Health and Safety Awareness Training Course Learning Outcomes

.Upon completing this Health and Safety course, participants should be equipped with the following knowledge and understanding:

Defining health and safety

Articulate the meaning of the term health and safety.

Health and Safety laws

Explain the impact of health and safety legislation on you and your colleagues in the workplace, including necessary compliance measures.

Health and Safety legislation

Recognize the essential pieces of legislation related to workplace health and safety.

Health and Safety at Work Act 1974

Understand the requirements for compliance with the Health and Safety at Work Act 1974.

Employer & Employee responsibilities

Comprehend the health and safety obligations of employers in the workplace.

Risk assessments

Acquire skills to plan and execute risk assessments relevant to your work environment.

Common hazards

Develop the ability to identify prevalent health and safety hazards in the workplace to minimize incidents.