

Emergency First Aid Awareness Training Course Learning Outcomes

Upon completion of the Emergency First Aid Awareness training course, participants should possess knowledge and comprehension of the following key areas:

Incident Management

Participants will learn to manage incidents safely by performing a primary survey, which includes assessing potential dangers, determining responsiveness, and applying airway and breathing techniques.

Basic Life Support

The course will cover the fundamentals of basic life support and its significance in emergency situations.

Cardiopulmonary Resuscitation (CPR)

Learners will understand the critical nature of the recovery position, how to correctly position an individual in recovery, and the procedures for administering CPR to a casualty.

Bleeding Control

This module will address the appropriate actions to take in the event of bleeding, including the correct application of bandages and monitoring for any signs of deterioration in the casualty's condition.

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Choking Response

Participants will be instructed on the proper techniques for addressing choking in adults, children over one year old, and infants under twelve months.

Casualty Examination

The course will teach how to perform a secondary survey and conduct a thorough examination of a casualty, focusing on identifying injuries, potential causes of unconsciousness, and key indicators at each assessment stage.

Unconsciousness Protocol

Learners will be informed about the necessary steps to take when dealing with an unconscious casualty.

Head Injury Awareness

The training will provide an in-depth understanding of concussion and compression, along with essential signs and symptoms of head injuries that require medical attention.

Strains and Sprains Management

Participants will gain knowledge of common strains and sprains and the most effective treatment methods.

Shock Recognition and Treatment

The course will cover the signs and symptoms of anaphylactic shock and the appropriate treatment protocols for individuals experiencing shock, whether they are conscious or unconscious.